

Jean's training, as a OneSpirit minister/celebrant enables her to respect people of all faiths or none, holding the view that there are many paths to one truth. She has worked as a party and wedding planner and more latterly as a funeral arranger. Using such skills, she plans and carries out sacred, creative and loving ceremonies that celebrate the many milestones of life, especially the final one.

Jean now specialises in helping people pre-plan their funerals. She also creates and officiates at any ceremonies throughout the circle of life, including funerals at a time of need.

**Jean is the author of four books and winner of a Major National Award:** the '*Most Significant Contribution to the Understanding of Death* for her work on pre-need funeral planning, awarded at the *Good Funerals Awards* ceremony in Bournemouth 2013.



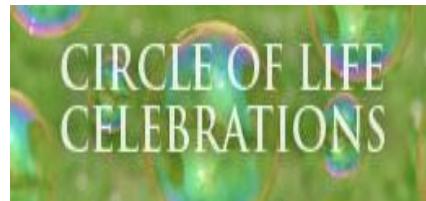
*"...Jean leaves no stone un-turned, no aspect unexplored – and I had no idea it would be such fun. Under her sensitive guidance and with her extensive knowledge of "what's possible"...*

*Thank you, Jean, for your inspired, humorous and down-to-earth approach to a subject that is so often considered taboo' Tricia, in her 60's*

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## Last Wishes Workshop

### Are you aware?

- A funeral does **not** have to cost a fortune.
- A funeral service does not have to take place in a church or crematorium.
- Your final choices can have a huge impact on the environment.
- It is possible to be buried on private land or in your garden.

Knowing that your last wishes are in place frees you to up to enjoy life to the full. Taking this thoughtful action will also ease the way for those left behind.

**In this workshop Jean guides you through the many options available and answers any questions that may arise while planning your final farewell.**

- Discuss your choices; create a theme, being especially conscious of cost, practicalities and environmental issues
- Deciding on a venue for the service/ceremony; choose music, poetry, readings and what to take with you. These are the memories that will linger on in the hearts of those left behind
- Finalise the contents of the ceremony/service; do you wish to have a gathering afterwards? How would you like to be remembered?
- Receive a copy of Jean's book 'Ashes and Memorials, 60+ Ways to be remembered.'

You will leave with a personalised folder containing your Final Wishes; lists and useful information for the convenience of your next of kin, for when the time comes.

*"Having planned my funeral I feel a burden has been lifted, freeing me to live my final years to the full." Mary, in her 50's*



A one day workshop is £35.00 per person. It is important to keep this intimate, so places are limited to 6–8 people. Workshops are held monthly, at various locations in and around Horsham, for upcoming dates please phone or email. Jean also creates bespoke workshops by request for individual groups or facilities like, retirement villages and rest homes. Inquiries are welcome.

For those wishing to personalise and plan their own unique funeral, memorial service or ceremony, or that of a loved one, Jean also works on-line or face to face.

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#### **Here are 6 reasons why it is a good idea to pre-plan your funeral:**

- Offers you the opportunity to tidy up your affairs and deal with any unfinished business
- Gives time to investigate any fear you may have around death and the unknown
- Taking personal responsibility for your actions in death as in life
- Brings peace of mind and removes what can be a burden to family and friends at a difficult time
- Avoids loved ones having to make decisions while under emotional stress.

*"I used to dread the idea of dying but having thought about and planned my own funeral I feel far more at ease with the inevitable."*  
**Martin, in his 60's**