

Last Wishes Workshop

Jean's training, as a One Spirit Interfaith minister enables her to respect people of all faiths or none, holding the view that there are many paths to one truth. Having worked as a party/wedding planner and more latterly as a funeral arranger, Jean uses her skills to plan and carry out sacred, creative and loving ceremonies that celebrate the many milestones of life, especially the final one.

Jean now specialises in helping people pre-plan their funerals. She also creates and officiates at funerals at a time of need. Jean draws on her wealth of knowledge and experience gained over many decades.

Jean is author of four books and winner of a Major National Award: the *'Most Significant Contribution to the Understanding of Death'* for her work on pre-need funeral planning, awarded at the *Good Funerals Awards* ceremony in Bournemouth 2013

Are you aware that:

- **A funeral does *not* have to cost a fortune**
- **By law a body must be disposed of appropriately , otherwise the sky's the limit**
- **It is possible to be buried on private land or in your back garden**
- **A funeral service does not have to take place in a church or crematorium**
- **Your final choices can have a huge impact on the environment.**

Knowing that your Last Wishes are in place frees you up to life, allowing you to fulfil your dreams while there is still time. Taking this thoughtful action will also ease the way for those left behind.

In this workshop Jean guides you through the many options available and answers any questions that may arise while planning your final farewell.

- Discuss your choices; create a theme, being especially conscious of cost, practicalities and environmental issues
- Deciding on a venue for the service/ceremony; choose music, poetry, readings and what to take with you. These are the memories that will linger on in the hearts of those left behind
- Finalise the contents of the ceremony/service; do you wish to have a gathering afterwards? How would you like to be remembered?
- Receive a copy of Jean's book 'Ashes and Memorials, 60+ Ways to be remembered.'

You will leave with a personalised folder containing your Final Wishes; lists and useful information for the convenience of your next of kin, for when the time comes.

Be sure to notify whoever needs to know, the whereabouts of your folder.

Bookings are now being taken for January 2017

Group sessions for 6–8 people are welcome to meet either at my home in Horsham, yours or at an agreed venue. Please contact me to discuss your preferred option. The cost of the 6 hour workshop is £35.00 per person. Jean is willing to travel but if outside the Horsham area, travel expenses will be required:

For those wishing to personalise and plan their own unique funeral or memorial service/ceremony, or that of a loved one, Jean also works on-line or face to face.

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Here are 6 reasons why it is a good idea to pre-plan your funeral:

- Offers you the opportunity to tidy up your affairs and deal with any unfinished business
- Brings peace of mind and ensures you get what you want
- Gives time to investigate any fear you may have around death and the unknown
- Taking personal responsibility for your actions in death as in life
- Removes what can be a burden to family and friends at a difficult time
- Avoids loved ones having to make decisions while under emotional stress.