



# *Circle of Life Celebrations*

## Last Wishes Workshops

Jean Francis  
OneSpirit Interfaith  
minister/celebrant

# Are You Aware?

- A funeral does not have to cost a fortune.
- A funeral service does not have to take place in a church or crematorium.
- Your final choices can have a huge impact on the environment.
- It is possible to be buried on private land or in your garden.

Knowing that your final wishes are in place frees you up to enjoy life to the full.

Taking this thoughtful action will also ease the way for those left behind.

"...Jean leaves no stone unturned, no aspect unexplored - and I had no idea it would be such fun. Under her sensitive guidance and with her extensive knowledge of "what's possible"... Thank you, Jean, for your inspired, humorous and down-to-earth approach to a subject that is so often considered taboo' Tricia, in her 60s



In this workshop Jean guides you through the many options available and answers any questions that may arise while planning your final farewell.


Discuss your choices; create a theme, being especially conscious of cost, practicalities and environmental issues.

Decide on a venue for the service/ceremony; choose music, poetry, readings and what to take with you. These are the memories that will linger on in the hearts of those left behind.

Finalise the contents of the ceremony/service; do you wish to have a gathering afterwards? How would you like to be remembered?

Receive a copy of Jean's book 'Ashes and Memorials, 60+ Ways to be remembered.'

You will leave with a personalised folder containing your Last Wishes; lists and useful information for the convenience of your next of kin, for when the time comes.



Here are 5 reasons  
why it is a good idea  
to pre-plan your funeral:

Offers you the opportunity  
to tidy up your affairs  
and deal with any  
unfinished business

Gives time to investigate  
any fear you may have  
around death and  
the unknown

Take personal  
responsibility for your  
actions in death as in life

Brings peace of mind and  
removes what can be a  
burden to family and  
friends at a difficult time

Avoids loved ones having  
to make decisions while  
under emotional stress

*"Having planned my funeral I feel a  
burden has been lifted, freeing me to  
live my final years to the full."*

Mary, in her 50s



Workshops are held at various locations around the country on a regular basis. Jean also creates bespoke workshops by request for individual groups eg. retirement villages and rest homes.

For those wishing to personalise and plan their own unique funeral, memorial service or ceremony, or that of a loved one, Jean also works with individuals, on-line or face to face.

For further information contact Jean:

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*"I used to dread the idea of dying but having thought about and planned my own funeral I feel far more at ease with the inevitable."*

Martin, in his 60s



Jean Francis' training as a OneSpirit Interfaith minister/celebrant enables her to respect people of all faiths or none, holding the view that there are many paths to one truth. She has worked as a party and wedding planner and more latterly as a funeral arranger. Using these skills, she plans and carries out sacred, creative and loving ceremonies that celebrate the many milestones of life, especially the final one.

Jean lives in West Sussex and specialises in helping people pre-plan their funerals. She also creates and officiates at any ceremonies throughout the circle of life, including funerals at a time of need.

Jean is the author of four books and winner of a major national award: 'The Most Significant Contribution to the Understanding of Death' for her work on pre-need funeral planning, awarded at the Good Funerals Award ceremony in Bournemouth 2013.

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